



## Cupertino Union School District

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Dear Parents:

We've had a successful opening of school and as the end of October approaches, I want to provide you an update regarding the steps the district is taking to keep our students and staff safe as we approach the traditional flu season. The Santa Clara County Health Department is predicting an increase in the numbers of ill students, as we will face the seasonal flu strains as well as H1N1. Specifically, the Cupertino Union School District is:

- Continuing our respiratory health etiquette education at all of our school sites. This includes covering coughs into the elbow and frequent hand washing.
- Making hand sanitizer available at the school sites, including in the health office, the front office, and all classrooms without sinks and running water.
- Identifying isolation rooms for ill students awaiting pick-up. This will help to keep the chances for any infection from spreading.
- Daily tracking of students absent with suspected flu symptoms. At the first sign of an increase in students exhibiting suspected flu symptoms, the school sites have been able to respond to additional cleaning of common areas.

Even with these steps, we still need your help to ensure the health and safety of our students and staff. Here are five simple steps that you can do to help us keep our students and staff healthy:

1. Reinforce proper respiratory etiquette at home. This includes frequent hand washing and covering your coughs and sneezes into the elbow.
2. If your child becomes ill at school, please make every effort to pick up your students as soon as possible.
3. Keep ill students at home until they are fever-free without using medicines for at least 24 hours.
4. Leave complete symptom information on the school attendance line when reporting absences.
5. Upon returning to school, please send your student to the office for a temperature screening.

Please keep in mind that we are following the guidelines from the Santa Clara County Public Health Department. At this time, there is no directive to send out exposure notices when a suspected or confirmed case of H1N1 is detected in our schools. Additional information, including vaccination resources, is available on the Santa Clara County Public Health Department's website at [www.sccgov.org/portal/site/phd/](http://www.sccgov.org/portal/site/phd/).

Thank you for your support and all that you do for our schools.

Sincerely,

Phil Quon  
Superintendent